



Birth-Pre-K Campus

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Phone: 515-285-5322



School Age / Preschool Only Campus

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### Cooler Weather Ahead



Just a reminder to dress your little ones in layers as we go outside almost every day (except for babies). It is usually colder in the morning and warmer in the afternoon. Please label jackets as it never fails, many children will have the same shoes or jackets. Looking ahead to winter- **We will ask all kids in rooms 1 yrs old and up leave snow pants, boots & gloves here all winter.**

## Annual Teacher Pumpkin Decorating Contest Please Vote



**Located in the lobby** by the office you will find the coolest decorated Winnie the Pooh themed pumpkins. On the bench is a bucket of tickets – Make sure you and your child both vote for their favorite pumpkin. The pumpkin with the most votes will earn a prize for the teachers that decorated it.

### Wear Your Costume to School Day for our Halloween Parade on Friday October 29<sup>th</sup>

Please do not bring props, shields, wands or anything that could get lost or broken. Have them wear clothes under their costume as we will take them off after the parade.



### Assessments



We will be sending home beginning level assessments. When we assess children, we work with them one on one. We will use this data to meet each child where they are academically and socially when we plan or small group lessons. We will assess them multiple times per year.



### Coffee Bar



Multiple times per month we will open a coffee bar for parents. This will be located in the Main lobby by the office.

# Parenting Tips Page

## WHAT IS A LEARNED BEHAVIOR?



If I cry and throw a fit I am able to get what I want  
How far do I have to go for you to cave in?

7

## Parenting Tips

- **Caving into tantrums** will only give you more tantrums in the future
- If you find yourself **arguing** with your child then you have already lost the battle
  - Sometimes just getting you to argue with them is all they really wanted
- When you are **wishy washy** it shows inconsistently in what you ask and then gives them more wiggle room to test you because they never know when you actually mean business or not
- Giving an **empty threat** only tells them to ignore everything that comes out of your mouth because they know that there are no real consequences
- This is not a **quick fix!** Expect a battle at first until they know you mean business

8

Let's face it, we have all heard these and as a parent it is hard to know what to do. The truth is, many of us cave in because it is easier. Hearing your little one scream and throw a fit is not an enjoyable experience.

Can I let you in on a little secret? Caving in is the worst thing you can do. What you did was reward their behavior.

Let's take the child screaming because he wanted the blue cup instead of the red cup. If you give in, what you taught them is if they scream for something they get it. That will only encourage more screaming in the future.

It is best to just stand strong from the beginning. What should you do in this case?

Simply state "Here is your drink" and walk away. End of the conversation. If they throw the cup "Don't say a word, just simply grab the cup and put it in the sink and WALK AWAY". **Do not engage in this behavior with them and it is IMPORTANT to know, there is NO REASONING** with them when they are screaming.

Let them scream, let them demand from you what they want but do not engage. Not even eye contact. Just ignore the behavior. What they will learn is Screaming does NOT get me what I want. I promise they will learn this and the screaming story will be a thing of the past.

**Just remember – You make the rules. It will not hurt a child if they are told no.**

# CONSISTENCY IS THE



Say what you mean & mean what you